



Ode to Jack

By Joan d'Arc

I can't look out your ghost,
pulling your long hot burden nowhere
wedding your tears to the stream
long dream
of an impossible task
too much to ask
to dharma your soft so hard
to meaning your Gerard
One fast move or you're gone,
pulling your long hot burden nowhere

I can't look out your ghost,
to see the skid row sod you tried to become
Bum!
He was a bum, the Lowell bookshopkeep said,
"man's man, momma's boy"
One fast move or you're gone,
never again to belong
Gone—the way of the railroad earth
a phantasm from the cookie dough factory,
pulling your long hot burden nowhere

I can't look out your ghost,
to find one sap belongs
in the chain gang of god-given wrongs
Oh—godman atop an Underwood,
Go—the way of the railroad earth
add your tears to the stream
By its burbling it shall speak
a phantasm clear:
Go—
pull your long hot burden nowhere

I can't look out your ghost,
couch hobo hitchhiker
fish out of water fishing
the Pisces sees
the cause of suffering is birth, Maw
—the first law
of deadbeat Buddha despair
Go—Your way or the Highway,
Rise—your Virgo Moonward,
trailing your bebop starship skywhere

Kerouac's Spontaneous Prose method

A list of 30 "essentials"

1. Scribbled secret note-books, and wild typewritten pages, for yr own joy
2. Submissive to every-thing, open, listening
3. Try never get drunk outside yr own house
4. Be in love with yr life
5. Something that you feel will find its own form
6. Be crazy dumbsaint of the mind
7. Blow as deep as you want to blow
8. Write what you want bottomless from bottom of the mind
9. The unspeakable visions of the individual
10. No time for poetry but exactly what is
11. Visionary tics shivering in the chest
12. In tranced fixation dreaming upon object before you
13. Remove literary, grammatical and syntactical inhibition
14. Like Proust be an old teahead of time
15. Telling the true story of the world in interior monolog
16. The jewel center of interest is the eye within the eye
17. Write in recollection and amazement for yourself
18. Work from pithy middle eye out, swimming in language sea
19. Accept loss forever
20. Believe in the holy contour of life
21. Struggle to sketch the flow that already exists intact in mind
22. Dont think of words when you stop but to see picture better
23. Keep track of every day the date emblazoned in yr morning
24. No fear or shame in the dignity of yr experience, language & knowledge
25. Write for the world to read and see yr exact pictures of it
26. Bookmovie is the movie in words, the visual American form
27. In praise of Character in the Bleak inhuman Loneliness
28. Composing wild, undisciplined, pure, coming in from under, crazier the better
29. You're a Genius all the time
30. Writer-Director of Earthly movies Sponsored & Angeled in Heaven